



# CHF Medically Tailored Meals Referral Form

### Directions for Submission

1. Individual must be referred by case manager, social worker or health care professional (MD, NP, PA, LVN, RN, LSW, CM, CHW, or Pharm.D.)
2. Fax completed application to **HIPAA compliant fax 323-845-1811**

## Section 1: Referral Information

### Medical Personnel Only

Name of Case Manager/Social Worker/Health Care Professional : \_\_\_\_\_

Agency Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Ext: \_\_\_\_\_

Email: \_\_\_\_\_

## Section 2: Applicant Information

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Secondary Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_ Primary Language:  English  Spanish

Emergency contact (other than case manager or social worker): \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Patient Information -----

#### Gender

- Male
- Female
- Trans ID

#### Housing

- Permanently housed
- Non-permanent housing
- Other

#### Veteran Status

- Veteran
- Not a Veteran
- Unknown

Height: \_\_\_\_ Ft \_\_\_\_ in Weight: \_\_\_\_\_ lbs Recent Weight gain \_\_\_\_ loss \_\_\_\_ change in lbs \_\_\_\_\_

**Diet Order:** Heart Healthy \_\_\_\_\_ Heart Healthy + Carb Controlled \_\_\_\_\_ Heart Healthy 2/3 meals per day (for CKD3) \_\_\_\_\_  
Heart Healthy + Carb Controlled 2/3 meals per day (for CKD 3) \_\_\_\_\_ Fluid Restriction?  Yes  No If yes, \_\_\_\_\_ ml/ day

(note – we cannot accommodate the following allergies: wheat, gluten, soy, dairy, egg, all nuts, and peanuts)

Client New York Cardiac Classification (optional, but helpful): \_\_\_\_\_

**\*\*\*PLEASE PROVIDE H&P, medications and labs\*\*\***

### Section 3: Eligibility Information

1. Has the individual been enrolled in Medi-Cal for the past 12 months?  Yes  No
- A. Medi-Cal Subscriber#: \_\_\_\_\_ (CIN # on Medi-Cal ID Card; usually begins with a "9")
- B. Medi-Cal Card Issue Date: \_\_\_\_\_ (if available)

2. To participate, individuals must be diagnosed with congestive heart failure (CHF) and must have recently been admitted due to exacerbation of CHF.

A. Check all ICD-10 Heart Failure Codes that apply:

I50.1 - Left Ventricular failure, unspecified	I50.3 – Diastolic (congestive) heart failure	I50.4 – Combined systolic (congestive) and diastolic (congestive) heart failure
I50.2 – Systolic (congestive) heart failure	I50.30 – Unspecified diastolic (congestive) heart failure	I50.40 – Unspecific combined systolic (congestive) and diastolic (congestive) heart failure
I50.20 - Unspecified Systolic (congestive) heart failure	I50.31 – Acute diastolic (congestive) heart failure	I50.41 - Acute combined systolic (congestive) and diastolic (congestive) heart failure
I50.21 - Acute systolic (congestive) heart failure	I50.32 - Chronic diastolic (congestive) heart failure	I50.42 - Chronic combined systolic (congestive) and diastolic (congestive) heart failure
I50.22 - Chronic systolic (congestive) heart failure	I50.33 – Acute on chronic diastolic (congestive) heart failure	I50.43 - Acute on chronic combined systolic (congestive) and diastolic (congestive) heart failure
I50.23 - Acute on chronic systolic (congestive) heart failure		

B. Secondary Diagnosis:  Cancer  Diabetes  COPD  Other (please specify): \_\_\_\_\_

C. Date(s) of discharge (from hospital, ER, or SNF): \_\_\_\_\_

2. To participate, individual must: *(helpful to collect, but can still refer for further assessment)*

- Not be enrolled in a meal provision program that provides more than 7 meals per week to patient
- Have an anticipated life expectancy of more than a year (patients in palliative, hospice, or comfort care cannot be accommodated)
- Have sufficient supports and ability to adhere to program protocols

3. To participate, individual must have visited their primary care doctor or specialist in the past 12 months

Has the individual visited a primary care doctor or specialist in the past 12 months?  Yes  No (if no, individual does not qualify)

4. Patient has had at least one CHF exacerbation event (defined as inpatient stay, SNF stay, or ED visit) in last 12 months:

- Yes
- No

Primary Health Care Provider: \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

Fax: \_\_\_\_\_ Phone: \_\_\_\_\_

### Section 5: Signatures

Referrer Name: I certify that the information reported in this document is true, accurate and has been verified

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Title: \_\_\_\_\_ Date: \_\_\_\_\_

I authorize my medical provider/ referring party to release information about my medical condition to Project Angel Food as a necessary part of my medical treatment, and prevention of complications.

**Patient Consent to Release Information**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Medical Subscriber # \_\_\_\_\_ active for at least 12 months **Y N** Phone: \_\_\_\_\_

Patient Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Consentimiento del Paciente para Divulgar Información**

Autorizo a mi proveedor médico / parte remitente a divulgar información sobre mi afección médica a Project Angel Food como parte necesaria de mi tratamiento médico y prevención de complicaciones.

Nombre de Paciente: \_\_\_\_\_ Fecha de nacimiento: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Número de MediCal \_\_\_\_\_ Activo durante al menos 12 meses **Y N** teléfono: \_\_\_\_\_

Domicilio: \_\_\_\_\_ Ciudad: \_\_\_\_\_ Código: \_\_\_\_\_

Firma: \_\_\_\_\_ Fecha: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**If unable to collect written consent, sign below to confirm verbal consent before submitting health records:**

\_\_\_\_\_  
Signature & Title of Referring Healthcare Worker Date

\_\_\_\_\_  
Signature & Title of Witness (client family, friend, or healthcare worker) Date