# PROJECT ANGEL FOOD 3 U R R I V R I 5 H V L G H Q F H D Q G , Q F R P I

Project Angel Food Agent

Date

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Client Name (please sign)

Client Name (please print)

### PROJECT ANGEL FOOD Client Agreement

C L I E N T S E R V I C E S 922Vine Street Los Angeles, CA 9 0 0 3 8 - 2 7 0 2 rel 800 761 8889

tel 800.761.8889 tel 323.845.1810 fax 323.845.1834 angelfood.org Our goal is to make sure that those who need our service get free home-delivered meals and nutrition counseling. We ask that volunteers, staff and clients help use reach that goal.

Out clients have rights and responsibilities. This agreement tells you what you need to do to be our client. Please read the following with care:

#### As a client of Project Angel Food, I agree to:

- Provide a written diagnosis from my doctor, proof of income, proof of residence and consent to release information within 4 weeks of enrollment.
- 2. Be home and able to get meals at set delivery time.
  Call Client Services if I will not be home for delivery at (323) 845-1810.
  I must call at least one day ahead to cancel my delivery.
  I also understand that if I Miss My Food Deliveries, Project Angel Food has the right to stop and/or cancel my services.
- 3. Call within 24 hours if I wish to cancel services.
- Let Client Services know right away of any change in my address or my phone number.
- **5. Respect** the privacy of all persons involved with Project Angel Food.
- **6.** Treat all staff and volunteers of Project Angel Food with respect. This means I will not be rude, improper or abusive to staff or volunteers. I will also not be intoxicated when I interact with staff or volunteers.
- 7. Follow the Food Safety Guidelines found in this packet.

I agree to get home delivered meals and nutrition counseling services from Project Angel Food.

I am aware that services from Project Angel Food are free of charge.

I agree to release, hold harmless and indemnify Project Angel Food from any liability, cost, claim or damage whatsoever that may result from services provided.

I know that all clients must agree to follow these rules. I know that **Project Angel Food has the right to stop and/or cancel services at any time** if I break any of these rules.

Client Name (please sign)	Project Angel Food Agent		
Client Name (please print)	Date		

If you have a complaint, you may call client services at **(323) 845-1810** or toll free at **(800) 761-8889**. You can download our grievance policy form at **www.angelfood.org** and mail it to us. Also, you can call the Los Angeles County Health Department Grievance Line at **(800) 260-8787**.

## PROJECT ANGEL FOOD Consent To Release

#### **Confidential Information**

Date

CLIENT				
SERVI CE S	<u>L</u>	,		
922Vine Street Los Angeles, CA 90038-2702	am aware that any information about me given to Project Adisclosed without my consent.	ngel Food is private. I am aware that it will not be		
tel 800.761.8889 tel 323.845.1810 fax 323.845.1834 angelfood.org	I permit any doctor or medical group listed as my medical p Food to establish and re-certify eligibility for services. I ar nutrition assessments.			
	I understand that all information about me is held in confide am considering a harmful act to myself or others; if I am sus a witness to domestic violence. I also understand that Proje	spected of child abuse, elder abuse, or if a child is		
	I agree that all persons I report as a medical provider, roommate, caretaker, or emergency contact my be contacted by staff to:			
	<ul><li>obtain emergency services information</li><li>to verify delivery or eligibility information</li></ul>			
	I am aware that this consent is valid from the date it is signed. I am aware that it shall remain valid unless I give written notice to Project Angel Food or until I am no longer a client of the agency.			
	Client Name (please sign)	roject Angel Food Agent		

Client Name (please print)

### PROJECT ANGEL FOOD Client Information

Please fill out all information on form

#### C L I E N T SERVI CE S 922Vine Street

#### **PLEASE PRINT**

922Vine Street							
Los Angeles, CA 9 0 0 3 8 - 2 7 0 2	Name	Date	e				
tel 800.761.8889	Mail Address						
tel 323.845.1810 fax 323.845.1834	Street		Apt#				
angelfood.org	CityState <u>c</u>	<u>CA</u> Zi	p				
	Do you want to get mail from us at this address?	Y	ES	NO			
	Phone	ell Phone	- e / other				
	Can we leave a message for you at these phone numbers?	Y	ES	NO			
	Date of Birth/						
	Main Doctor's Name	Main Doctor's Name					
	Clinic						
	Phone Fax						
	Name of Medical Insurance Carrier(s)						
	Case Manager's Name						
	Agency						
	Phone Fax						
	I would like <b>ORAL</b> contact in:						
	EnglishSpanishOther:						
	I would like <b>WRITTEN</b> contact in:						
	English Spanish Other						

### **PROJECT ANGEL FOOD**

**Food Safety Guidelines** 

C L I E N T SERVI CE S 922Vine Street Los Angeles, CA 90038-2702 tel 800.761.8889 tel 323.845.1810 fax 323.845.1834 angelfood.org

#### **KEEP FOR YOUR RECORDS**

#### FROZEN MEAL INSTRUCTIONS

- Frozen meals <u>must be put in your freezer as soon as you get them from your driver</u>. Do not leave them out and do not put one in your refrigerator unless you plan to thaw it.
- You may thaw a frozen meal before you cook it-but always thaw it in the refrigerator.
   DO NOT leave a meal out on the counter to thaw.
  - It will take at least 8 hours for you meal to thaw in the refrigerator.
  - DO NOT let a meal thaw in the refrigerator for more than 24 hours. You should eat a frozen meal within 24 hours of it being placed in the refrigerator.
  - DO NOT REFREEZE a meal once it is thawed.
- How to cook a frozen or thawed meal:
  - OVEN: Preheat your oven to 350° F. Cook thawed meals for 30 minutes.
     Frozen meals will take about 45 minutes. Some meals, like casseroles, may take up to an hour. Keep the plastic film on to prevent food from drying out.
  - MICROWAVE: Heat thawed meals for approximately 3-4 minutes on high power. A frozen meal may take 5-7 minutes in some microwaves. If you cook the meal too long it can dry out. Keep the plastic film on and cut a small slit in the middle. If the microwave does not turn on its own, then turn the meal half way through cooking to help the food to heat evenly.

#### OTHER INFO

**FREEZER BURN-** Freezer burn look like gray-brown spots on frozen food. It happens when food dries out. It can happen when food is not sealed well or has been frozen for too long. It does not make the food unsafe to eat. You can cut away the spots before or after you cook the food. If you do get a frozen meal with freezer burn please let us know.

**PUNCTURED, BROKEN OR CUTS IN SEAL-** If you get a meal with a punctured, broken or cut plastic seal, **DO NOT EAT THE MEAL** -- throw it out. We want you to be safe. Please let us know right away if you get a meal like this.

**ICE CRYSTALS-** Ice crystals are normal. They form when water in food freezes. If you see ice crystals on your meals do not worry, they are still **safe to eat and will not affect how the meals taste**.

#### FOOD-BORNE ILLNESS

**PROJECT ANGEL FOOD** takes great pride in serving you food that is healthy and safe to eat. We take every step we can to keep your food safe and expect your participation to keep food safe after it is delivered to your home. If you feel that one of the meals we have sent has made you ill, please call Nutrition Services right away at 323.845.1800 ext 212.